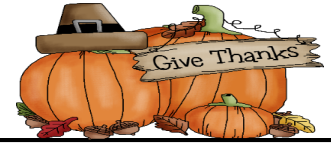




**SCHUYLKILL HAVEN AREA SCHOOL DISTRICT
BREAKFAST & LUNCH MENU
November & December 2020**



Monday	Tuesday	Wednesday	Thursday	Friday
<p>23 <u>BREAKFAST</u></p> <p>Cereal Yogurt Fresh Fruit or Juice Milk</p> <p style="text-align: center;"><u>LUNCH</u></p> <p>A. Chicken Fajita B. Turkey & Cheese C. P.B. & Jelly</p> <p>Lettuce-Tomatoes Cheese-Salsa Pretzel Fruit Sherbet</p>	<p>24 <u>BREAKFAST</u></p> <p style="text-align: center;"><u>LUNCH</u></p> <p style="text-align: center;">Virtual School Day</p>	<p>25 <u>BREAKFAST</u></p> <p style="text-align: center;"><u>LUNCH</u></p> <p style="text-align: center;">Virtual School Day</p>	<p>26</p> <p style="text-align: center;">THANKSGIVING BREAK</p>	<p>27</p> <p style="text-align: center;">THANKSGIVING BREAK</p>
<p>30 <u>BREAKFAST</u></p> <p style="text-align: center;"><u>THANKSGIVING</u> BREAK</p>	<p>1 <u>BREAKFAST</u></p> <p>Pancakes Fresh Fruit or Juice Milk</p> <p style="text-align: center;"><u>LUNCH</u></p> <p>A. Beef BBQ B. Grilled Chicken C. P.B. & Jelly</p> <p>Sun Chips Pickles Fresh Vegetable Choce Fresh Fruit Choice</p>	<p>2 <u>BREAKFAST</u></p> <p>Pop Tart Whole Grain Cereal Fresh Fruit or Juice Milk</p> <p style="text-align: center;"><u>LUNCH</u></p> <p>A. Pop-Corn Chicken B. Grilled Chicken C. P.B. & Jelly</p> <p>Peas Rice Fresh Vegetable Choice Fresh Fruit Choice</p>	<p>3 <u>BREAKFAST</u></p> <p>Nutri-Grain Bar Fresh Fruit or Juice ;</p> <p style="text-align: center;"><u>LUNCH</u></p> <p>A. French Toast Sticks B. Grilled Chicken C. P.B. & Jelly</p> <p>Hash Brown Sausage Juice Fresh Vegetable Choice Fresh Fruit Choice</p>	<p>4 <u>BREAKFAST</u></p> <p>Breakfast Grabbers Fresh Fruit Milk</p> <p style="text-align: center;"><u>LUNCH</u></p> <p>A. Fish Sticks B. Grilled Chicken C. P.B. & Jelly</p> <p>Vegetable Choice Tater Tots Fresh Fruit Choice</p>
<p>7 <u>BREAKFAST</u></p> <p>Oatmeal Bar Yogurt Fresh Fruit or Juice Milk</p> <p style="text-align: center;"><u>LUNCH</u></p> <p>A. Cheese Burger B. Hot Dog C. P.B. & Jelly</p> <p>Lettuce Tomato Cup Potato Fries Apple Slices</p>	<p>8 <u>BREAKFAST</u></p> <p>Fruit Pancakes Fresh Fruit or Juice Milk</p> <p style="text-align: center;"><u>LUNCH</u></p> <p>A. Turkey Sub B. Hot Dog C. P.B. & Jelly</p> <p>Baked Chips Fresh Vegetable Choice Fresh Fruit Choice</p>	<p>9 <u>BREAKFAST</u></p> <p>French Toast Sticks Fresh Fruit or Juice Milk</p> <p style="text-align: center;"><u>LUNCH</u></p> <p>A. Ham & Cheese Stromboli B. Hot Dog C. P.B. & Jelly</p> <p>Romaine Salad Grape Tomatoes Garbanzo Beans Fresh Fruit Choice</p>	<p>10 <u>BREAKFAST</u></p> <p>Graham Crackers Yogurt Fresh Fruit or Juice Milk</p> <p style="text-align: center;"><u>LUNCH</u></p> <p>A. Egg/Cheese Sand. B. Hot Dog C. P.B. & Jelly</p> <p>Hash Brown Juice Cup Fresh Vegetable Choce Fresh Fruit Choice</p>	<p>11 <u>BREAKFAST</u></p> <p>Breakfast Grabbers Fresh Fruit Milk</p> <p style="text-align: center;"><u>LUNCH</u></p> <p>A. Pizza B. Hot Dog C. P.B. & Jelly</p> <p>Summer Blend Vegetables Fresh Vegetable Choce Fresh Fruit Choice</p>
<p>14 <u>BREAKFAST</u></p> <p>Choc Chip Pancakes Fresh Fruit or Juice Milk</p> <p style="text-align: center;"><u>LUNCH</u></p> <p>A. Meatball Sub B. Turkey & Cheese C. P.B. & Jelly</p> <p>French Fries Fresh Vegetable Choice Fresh Fruit Choice</p>	<p>15 <u>BREAKFAST</u></p> <p>Pop-Tart Yogurt Fresh Fruit or Juice Milk</p> <p style="text-align: center;"><u>LUNCH</u></p> <p>A. Personal Pan Pizza B. Turkey & Cheese C. P.B. & Jelly</p> <p>Salad Fresh Vegetable Choice Fresh Fruit Choice</p>	<p>16 <u>BREAKFAST</u></p> <p>Fruit Muffin Fresh Fruit or Juice Milk</p> <p style="text-align: center;"><u>LUNCH</u></p> <p>A. Pancakes B. Turkey & Cheese C. P.B. & Jelly</p> <p>Sausage Juice Fresh Vegetable Choice Fresh Fruit Choice</p>	<p>17 <u>BREAKFAST</u></p> <p>Honey Bun Fresh Fruit or Juice Milk</p> <p style="text-align: center;"><u>LUNCH</u></p> <p>A. Turkey Dinner B. Turkey & Cheese C. P.B. & Jelly</p> <p>Filling - Corn Roll Ice Cream</p>	<p>18 <u>BREAKFAST</u></p> <p>Breakfast Grabber Fresh Fruit Milk</p> <p style="text-align: center;"><u>LUNCH</u></p> <p>A. Calzone B. Turkey & Cheese C. P.B. & Jelly</p> <p>Green Beans Fresh Vegetable Choice Fresh Fruit Choice</p>

Breakfast..... \$1.20
Breakfast (Reduced)... \$0.30
Lunch (Reduced)..... \$0.40

LUNCH
Elementary..... \$2.35
Middle School..... \$2.45

*MENUS SUBJECT TO CHANGE AS REQUIRED.
Choice of fresh fruits, salads and vegetables daily
Choice of 1%, chocolate and skim milk available daily